

JUST FRUIT

ORANGE PUSH-UP

Zesty Orange & Creamy Vanilla

24oz
Calories
300

STRAWBERRY BANANA BLAST

Strawberries & Bananas

295

POMEGRANATE PARADISE

Red Cherries & Pomegranates

340

PINA COLADA MADNESS

Pineapples & Coconuts

320

ALL THAT RAZZ

Bananas & Raspberries

320

SIGNATURE SMOOTHIES

PEANUT BUTTER & JELLY *Limited Time*

Peanut Butter & Tri-Berry Blend

24oz
Calories
500

THE DIRTY PEANUT

Chocolate & Peanut Butter

615

MOCHA PEANUT BUTTER

Mocha & Peanut Butter

675

MUDSLIDE LATTE

Mocha

755

BERRIED IN CHOCOLATE

Chocolate & Strawberries

540

ELVIS' RETURN

Chocolate & Bananas

525

MALIBU CHOCOLATE

Chocolate & Pina Colada

555

ADD A SCOOP

GLUTAMINE

Assists in muscle recovery.

MULTIVITAMIN

Your complete Multivitamin.

ENERGY BOOST

Enhances energy, focus, and endurance.

FIBER

Maintains digestive health.

BCAAS

Helps repair & grow muscle tissue.

FAT BURNER

Boosts metabolism.

CREATINE

Increases muscle energy.

GRANOLA

A wholesome smoothie addition.

MUSCLE UP

THE STRAWNANA POUNDER

Strawberries, Bananas & Glutamine

24oz
Calories
544

THE KING PIN

Blueberries, Strawberries, Raspberries & Glutamine

334

THE FAT BOY

Mocha, Peanut Butter, Non-Dairy Smoothie Crème & Glutamine

919

MOCHA MANIA

Chocolate, Mocha, Non-Dairy Smoothie Crème & Glutamine

769

THE INCREDIBLE BULK

Chocolate, Peanut Butter, Non-Dairy Smoothie Crème & Glutamine

629

PEANUT BUTTER POWER

Peanut Butter, Non-Dairy Smoothie Crème & Glutamine

609

THE KING KONG

Chocolate, Bananas, Non-Dairy Smoothie Crème & Glutamine

699

SLIM DOWN

BELLY BUSTER

Strawberries & Bananas

24oz
Calories
295

ORANGE PEELER

Orange & Vanilla

300

BERRY BERRY GOOD

Raspberries, Blueberries & Strawberries

320

WONDER TWINS

Mangoes & Peaches

320

ADD PROTEIN

Chocolate or Vanilla
20g or 40g

SMOOTHIES
AVAILABLE IN:

24oz

SMOOTHIE
BAR *Retro Fitness*